

Ichigo Weightlifting Team's Hiromi Miyake Announces Retirement as Athlete

Hiromi Miyake joined Ichigo on April 1, 2008 as a member of the Ichigo Weightlifting Team. Hiromi, who has since built an impressive career as an athlete and as a coach, has decided to retire as an athlete. Hiromi will explore new opportunities as an Ichigo employee after retiring from weightlifting. We are deeply grateful for the support from our shareholders over many years.

The Ichigo Weightlifting Team currently has four athletes: Ayana Sadoyama, Kosuke Chinen, Eishiro Murakami, and Miku Ishii. Hiromi will continue to support the team as a coach after her retirement.

Hiromi plans to officially announce her retirement at a press conference this Thursday, on November 18, 2021.

Message From Hiromi Miyake

Dear All,

My life as an athlete was supported by the warm encouragement and cheers from so many people. I would like to take this opportunity to express my heartfelt gratitude for all your support as I retire as an athlete on November 18.

Going forward, I hope to find something that I can feel as much passion as I did for weightlifting.

Many thanks for your support,
Hiromi Miyake



Major Achievements

Began weightlifting at the age of 15 after watching the 2000 Sydney Olympic Games.

2001: Japan Women's National High School Weightlifting Championship, 53kg weight class – Champion

2003: Japan National Weightlifting Championship, 53 kg weight class – Champion

2004: Athens Olympic Games, 48kg weight class – 9th place

2008: Beijing Olympic Games, 48kg weight class – 4th place

2012: London Olympic Games, 48kg weight class – Silver Medal

2016: Rio de Janeiro Olympic Games, 48kg weight class – Bronze Medal

2021: Tokyo Olympic Games

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