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To Whom It May Concern

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Kanamic and Kaedenokaze release “SIOS Planning”, a system for elderly day care service providers which supports the creation of “task-specific functional training plans”

Kanamic Network Co., Ltd. (Headquarters: Shibuya-ku, Tokyo; Representative Director and President: Takuma Yamamoto; hereinafter “the Company”)—which specializes in providing cloud-based services to the healthcare and long-term care industries, thereby contributing to the realization of the “community-based integrated care framework”—and Kaedenokaze Co., Ltd. (Headquarters: Yokohama City, Kanagawa Prefecture, Representative: Takayuki Komuro, hereinafter “Kaedenokaze”) have released “SIOS Planning”. SIOS Planning is an ICT-based solution for providers of elderly day care services that aids in generating “task-specific functional training plans”.

*(*Task-specific functional training plans are functional training / exercise plans for improving a long-term care recipient’s ability to perform specific activities).*

■ Background to the development of “SIOS Planning”

With the 2021 revision to the “long-term care fee structure”, the guideline for additional insurance claims points for “task-specific functional training services” carried out by elderly day care service providers was revised in line with the “International Classification of Functioning, Disability and Health (ICF)”. Specifically, the guideline was revised to stipulate the setting of both (1) short-term goals and (2) long-term goals for care recipients as relates to the following 6 items (3 items x 2 time horizons = 6 items in total): (1) “Body function (physiological function)”, (2) “Activity (execution of a task or action by an individual)”, and (3) “Participation (involvement in a life situation)”.

In addition, the 2021 revision also introduced the scientific (evidence-based) long-term care framework. Through simultaneous implementation of the foregoing, additional insurance claims points for both Category I “task-specific functional training” and Category II “task-specific functional training” can be calculated. This revision, therefore calls for the industry to (1) make strides in the provision of care services aimed at increasing the independence of care recipients and (2) increase utilization of ICT.

However, the setting of goals for “task-specific functional training” in accordance with the revisions is, in and of itself, an arduous task and has resulted in significant increases in overtime hours worked by related staff. Furthermore, the fact that the thoughts / wishes of long-term care recipients themselves, which the Ministry of Health, Labor and Welfare (MHLW) has weighted heavily in recent years, are not taken into account throughout the process remains an issue to be addressed. Amid this backdrop, an ICT-powered solution for providing care based on an appropriate plan-do-check-act (PDCA) cycle has become indispensable.

Therefore, the Company and Kaedenokaze have, following a long period of consideration regarding how to provide support for the generation of “task-specific functional training plans” and having conducted outcomes research on long-term care services that support increased independence of care recipients, developed “SIOS Planning” (an ICT-based solution) and commenced sales today.

■ Features of “SIOS Planning”

“SIOS Planning” is a support tool for generating “task-specific functional training plans” and was created based on joint research/development work conducted by Kaedenokaze and the School of Nursing and Rehabilitation Sciences at Showa University. (*This research included the development of the “Scale for Measuring Outcomes of the Provision of Social Independence Support Services (SIOS)”).

“SIOS Planning” is a groundbreaking tool which functions as follows: (1) questionnaire text derived from ICF research (consisting of 11 questions in total) is read aloud, (2) the care recipients inclinations / wishes are confirmed, (3) based on the foregoing results, suggestions for potential (candidate) goals for “Body function”, “Activity”, and “Participation” are semi-automatically recommended (in line with the ICF), and (4) a selection is made (in concert with the care recipient) with one click of a button.

- ① Semi-automatic generation of 6 goals (both a short-term and a long-term goal for each of the following: (1) “Body function (physiological function)”, (2) “Activity (execution of a task or action by an individual)”, and (3) “Participation)
- ② Entries for the 4 “task-specific functional training items” can also be generated semi-automatically.
- ③ ICF and LIFE codes are automatically identified, so there is no need to search for the corresponding codes.
- ④ The basis for goals that are set is contained in the SIOS interview records and practical guidance for using the system is available.
- ⑤ Time required to create “task-specific functional training plans” reduced by 60% (versus Kaedenokaze staff)
- ⑥ Client retention further encouraged through the provision of complementary monthly online training courses on the provision of Social Independence Support Services

With basic remunerations for elderly day care services decreasing year by year, gaining additional insurance points through providing “task-specific functional training” to care recipients as well as through implementing scientific (evidence-based) long-term care, has become mission critical for this sector. For example, a basic elderly day care service with capacity to serve 30 care recipients at once and serving a total of about 100 registrants, the pertaining additional insurance points would increase the top line by about 700,000 yen.

Through "SIOS Planning," the company and Kaedenokaze will contribute to the realization zero-overtime within the elderly day care service business as well as the implementation of scientific (evidence-based) long-term care.

- Linkage between “SIOS Planning” and the “Kanamic Cloud Service”

So Easy! SIOS Usage Guide

STEP 1 **Potential (Candidate) Goals Recommended**
 Questionnaire text read aloud;
 Wishes of the care recipient are confirmed and candidate goals are recommended




STEP 2 **Activity goals / participation goals are selected**
 Activity / participation goals (a source of worry) are selected with the click of a button

ICF Code Identified



STEP 3 **Task-specific functional training goals / categories are selected**
 Easily select categories and plan for body function goals with ease.

LIFE Codes Assigned for the 4 Items **Plan With Ease**




STEP 4 **Determine contents of task-specific functional training program**
 Body function training plans are proposed based on goals;
 Select primary programs with one click

Sample Phrase Automatically Generated

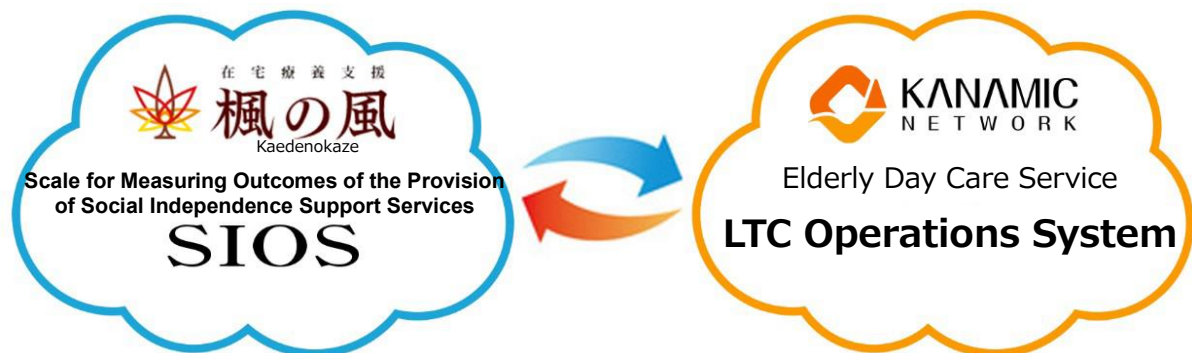


STEP 5 **Confirm & Reflect in Plan Document**
 Confirm generated goals and functional training items and specify plan document to which they are to be reflected.



Reflect in officially formatted "task-specific functional training" plan with the click of a button





■About Kaedenokaze's In-home care support services

Kaedenokaze is comprised of a group of medical and long-term care professionals who (in order to realize a society where elderly people can live out the remainder of their lives in their own homes and in a style that suits them) directly (or via franchise) operate 45 "independence support" elderly day care services, 17 home-visit nursing stations, and 5 in-home care support clinics. In recent years, Kaedenokaze has, in collaboration with the School of Nursing and Rehabilitation Sciences at Showa University, conducted outcomes research on social independence support services, and it provides solutions to address the major changes to the guidelines on additional insurance claims points for "task-specific functional training" services that came with the 2021 revision to the "long-term care fee structure". Kaedenokaze also provides training for independence support service providers.

■About the "Kanamic Cloud Service"

The "Kanamic Cloud Service" is a "regional communication" cloud service that contributes to the realization of the "community-based integrated care system" that our super-aged society requires by making multidisciplinary communication among local governments, medical associations, and elderly care service providers possible. The Company's lineup includes an information sharing system for the purpose of facilitating communication among interdisciplinary professionals as well as a system for elderly care service provider operations.

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