



## Summary of Consolidated Financial Results for the Fiscal Year ended March 31, 2022 (Japanese GAAP)

May 13, 2022

Listed company name: Fast Fitness Japan Incorporated      Listed exchange: Tokyo Stock Exchange  
Code number: 7092      URL: <https://fastfitnessjapan.jp/en/>  
Representative: Atsuyuki Tsuchiya President, Representative Director, CEO, and COO  
Person to contact: Hirohisa Yamaguchi, Vice President and Director      TEL: 03-6279-0861  
Scheduled date of ordinary general meeting of shareholders: June 23, 2022  
Scheduled date of payment of dividend: June 9, 2022      Scheduled date to file Securities Report: June 24, 2022  
Supplementary material for financial results: Yes  
Financial results briefing: Yes (for institutional investors and analysts)

(Amounts of less than one million yen are rounded down.)

### 1. Consolidated Financial Results for the Fiscal Year ended March 31, 2022 (April 1, 2021 – March 31, 2022)

#### (1) Consolidated operating results

(Percentages represent year-on-year changes.)

Fiscal year ended	Net sales		Operating profit		Ordinary profit		Profit attributable to owners of parent	
	Million yen	%	Million yen	%	Million yen	%	Million yen	%
March 31, 2022	13,097	17.3	2,945	28.4	2,943	30.5	1,702	84.9
March 31, 2021	11,163	(1.5)	2,293	(19.0)	2,255	(20.3)	920	(43.4)

(Note) Comprehensive income      Fiscal year ended March 31, 2022: 1,702 million yen (84.9%)  
Fiscal year ended March 31, 2021: 920 million yen (-43.4%)

Fiscal year ended	Earnings per share	Diluted earnings per share	Return on equity	Ratio of ordinary profit to total assets	Ratio of operating profit to net sales
	Yen	Yen	%	%	%
March 31, 2022	91.05	89.83	19.1	13.8	22.5
March 31, 2021	58.89	54.67	16.1	12.3	20.5

(Notes) 1. The Company conducted a 1.3-for-1 common stock split effective April 1, 2021 and a 1.2-for-1 common stock split effective October 1, 2021. “Basic earnings per share” and “diluted earnings per share” have been calculated under the assumption that this share split was conducted at the beginning of the previous fiscal year.  
2. The Accounting Standard for Revenue Recognition (ASBJ Statement No. 29, March 31, 2020) and related measures have been applied from the beginning of the fiscal year ended March 31, 2022. The application of the accounting standard has no effects on net sales or profits.

#### (2) Consolidated financial position

As of	Total assets	Net assets	Equity ratio	Net assets per share
	Million yen	Million yen	%	Yen
March 31, 2022	21,429	9,662	45.1	516.92
March 31, 2021	21,093	8,128	38.5	434.72

(Reference) Shareholders' equity      As of March 31, 2022: 9,662 million yen      As of March 31, 2021: 8,128 million yen

(Notes) The Company conducted a 1.3-for-1 common stock split effective April 1, 2021 and a 1.2-for-1 common stock split effective October 1, 2021. “Net assets per share” has been calculated under the assumption that this share split was conducted at the beginning of the previous fiscal year.

#### (3) Consolidated cash flows

Fiscal year ended	Cash flows from operating activities	Cash flows from investing activities	Cash flows from financing activities	Cash and cash equivalents at end of period
	Million yen	Million yen	Million yen	Million yen
March 31, 2022	3,346	(1,467)	(1,755)	9,457
March 31, 2021	1,949	(2,167)	4,842	9,333

### 2. Dividends

Fiscal year ended	Dividend per share					Total dividend payments (total)	Dividend payout ratio (consolidated)	Dividend on equity (consolidated)
	First quarter-end	Second quarter-end	Third quarter-end	Fiscal year-end	Annual			
March 31, 2021	–	1.00	–	10.00	11.00	129	12.0	1.1
March 31, 2022	–	2.00	–	10.00	12.00	218	13.2	2.5
Fiscal year ending March 31, 2023 (forecast)	–	–	–	–	–		–	

(Notes) The Company conducted a 1.3-for-1 stock split effective April 1, 2021 and a 1.2-for-1 stock split effective October 1, 2021. The dividends for share for the fiscal year ended March 31, 2021 and for the fiscal year ended March 31, 2022 are actual dividends as of the record date for each fiscal year.

### 3. Forecast for Consolidated Financial Results for the Fiscal Year Ending March 31, 2023

(April 1, 2022 – March 31, 2023)

(Percentages represent year-on-year changes.)

	Net sales		Operating profit		Ordinary profit		Profit attributable to owners of parent		Earnings per share
	Million yen	%	Million yen	%	Million yen	%	Million yen	%	Yen
Full year	14,000	6.9	3,000	1.8	2,950	0.2	1,500	(11.9)	80.24

\* Notes

(1) Any change in important subsidiaries during the year (any changes in specific subsidiaries accompanied by a change in the scope of consolidating): None

(2) Any changes in accounting policies and changes or restatement of accounting estimates

- 1) Changes in accounting policies due to the revision of accounting standards: Yes
- 2) Changes in accounting policies other than the above: None
- 3) Changes in accounting estimates: None
- 4) Restatement: None

(3) Number of outstanding shares (common shares)

- 1) Total number of issued shares at the end of the period (including treasury shares):
  - As of March 31, 2022 18,692,619 shares As of March 31, 2021 18,698,940 shares
- 2) Total number of treasury shares at the end of the period:
  - As of March 31, 2022 12,561 shares As of March 31, 2021 – shares
- 3) Average number of shares during the period:
  - Fiscal year ended March 31, 2022 18,694,408 shares Fiscal year ended March 31, 2021 15,633,217 shares

(Note) The Company conducted a 1.3-for-1 stock split effective April 1, 2021 and a 1.2-for-1 stock split effective October 1, 2021. The number of shares has been calculated on the assumption that the said stock split was performed at the beginning of the fiscal year ended March 31, 2021.

\* The summary of consolidated financial results is not subject to audits by certified public accountants or audit corporations.

\* Statement regarding the proper use of financial forecasts and other special remarks

The forward-looking statements, including results forecasts, in this document are based on information available to the Company at the time of publication of this document. Actual results may differ from the forecasts due to a range of factors.

### 3. Consolidated Financial Statements and Key Notes

#### (1) Consolidated balance sheets

(Thousand yen)

	As of March 31, 2021	As of March 31, 2022
<b>Assets</b>		
Current assets		
Cash and deposits	9,333,467	9,457,430
Accounts receivable - trade	1,159,315	1,217,678
Merchandise	166,187	145,512
Prepaid expenses	317,023	342,275
Income taxes refund receivable	150,296	—
Other	201,493	109,304
<b>Total current assets</b>	<b>11,327,784</b>	<b>11,272,201</b>
Non-current assets		
Property, plant and equipment		
Buildings and structures	6,446,759	7,422,124
Tools, furniture and fixtures	3,393,655	3,769,906
Accumulated depreciation	(3,234,367)	(4,167,321)
Land	990	990
Construction in progress	7,260	2,640
<b>Total property, plant and equipment</b>	<b>6,614,298</b>	<b>7,028,339</b>
Intangible assets		
Goodwill	117,114	92,890
Software	108,552	75,054
Other	7,470	5,740
<b>Total intangible assets</b>	<b>233,136</b>	<b>173,684</b>
Investments and other assets		
Investment securities	1,032	1,592
Long-term prepaid expenses	607,910	595,138
Leasehold and guarantee deposits	1,184,267	1,305,810
Deferred tax assets	748,321	687,537
Long-term loans receivable	226,130	251,492
Other	150,671	113,479
<b>Total investments and other assets</b>	<b>2,918,334</b>	<b>2,955,050</b>
<b>Total non-current assets</b>	<b>9,765,770</b>	<b>10,157,074</b>
<b>Total assets</b>	<b>21,093,554</b>	<b>21,429,276</b>

(Thousand yen)

	As of March 31, 2021	As of March 31, 2022
<b>Liabilities</b>		
Current liabilities		
Accounts payable - trade	172,875	126,607
Current portion of long-term borrowings	2,679,559	1,635,680
Accounts payable - other	594,088	936,088
Corporate income tax payable	579,920	545,251
Unearned revenue	260,050	–
Contract liabilities	–	1,923,537
Provision for bonuses	133,463	145,847
Provision for bonuses for directors (and other officers)	27,743	26,792
Other	405,384	337,586
Total current liabilities	4,853,086	5,677,390
Non-current liabilities		
Long-term borrowings	5,325,042	4,808,894
Long-term unearned revenue	1,590,881	–
Provision for retirement benefits for directors (and other officers)	201,765	–
Asset retirement obligations	934,266	1,045,196
Other	59,740	235,174
Total non-current liabilities	8,111,695	6,089,265
Total liabilities	12,964,781	11,766,655
<b>Net assets</b>		
Shareholders' equity		
Share capital	2,160,100	2,173,412
Capital surplus	2,099,681	2,112,993
Retained earnings	3,869,007	5,420,166
Treasury shares	–	(44,203)
Total shareholders' equity	8,128,789	9,662,368
Accumulated other comprehensive income		
Valuation difference on available-for-sale securities	(16)	251
Total accumulated other comprehensive income	(16)	251
Total net assets	8,128,772	9,662,620
Total liabilities and net assets	21,093,554	21,429,276

(2) Consolidated statement of income and comprehensive income  
Consolidated statement of income

(Thousand yen)

	Fiscal year ended March 31, 2021	Fiscal year ended March 31, 2022
Net sales	11,163,805	13,097,200
Cost of sales	6,630,249	7,587,295
Gross profit	4,533,555	5,509,904
Selling, general and administrative expenses	2,239,738	2,564,304
Operating profit	2,293,816	2,945,599
Non-operating income		
Interest income	792	1,032
Dividend income	37	63
Commission income	27,338	30,631
Insurance claim income	5,270	33,597
Foreign exchange gains	3,752	—
Penalty income	5,597	8,028
Other	3,043	1,961
Total non-operating income	45,831	75,315
Non-operating expenses		
Interest expenses	46,910	41,944
Foreign exchange losses	—	9,804
Share issuance costs	24,815	116
Commission expenses	11,262	24,709
Other	1,000	477
Total non-operating expenses	83,988	77,053
Ordinary profit	2,255,659	2,943,861
Extraordinary income		
Gain on sale of non-current assets	—	219
Subsidy income	38,064	—
Asset retirement obligations	7,568	—
Compensation income	63,077	—
Total extraordinary income	108,710	219
Extraordinary losses		
Losses related to the spread of COVID-19	311,429	—
Contract cancellation fees	10,200	1,350
Loss on sale of non-current assets	1,726	544
Loss on retirement of non-current assets	17,436	14,171
Impairment losses	433,916	237,305
Total extraordinary losses	774,708	253,371
Profit before income taxes	1,589,661	2,690,710
Income taxes - current	889,271	927,859
Income taxes - deferred	(220,208)	60,665
Total income taxes	669,062	988,524
Profit	920,598	1,702,185
Profit attributable to owners of parent	920,598	1,702,185

## Consolidated statement of comprehensive income

(Thousand yen)

	Fiscal year ended March 31, 2021	Fiscal year ended March 31, 2022
Profit	920,598	1,702,185
Other comprehensive income		
Valuation difference on available-for-sale securities	136	267
Total other comprehensive income	136	267
Comprehensive income	920,734	1,702,452
Comprehensive income attributable to		
Comprehensive income attributable to owners of parent	920,734	1,702,452

(3) Consolidated statement of changes in equity  
Fiscal year ended March 31, 2021

	Shareholders' equity			
	Share capital	Capital surplus	Retained earnings	Total shareholders' equity
Balance at the beginning of period	201,574	141,155	2,976,159	3,318,888
Changes during period				
Issuance of new shares	1,935,450	1,935,450		3,870,900
Issuance of new shares - exercise of share acquisition rights	23,076	23,076		46,152
Dividends of surplus			(27,750)	(27,750)
Profit attributable to owners of parent			920,598	920,598
Net changes of items other than shareholders' equity				
Total changes during period	1,958,526	1,958,526	892,848	4,809,900
Balance at end of period	2,160,100	2,099,681	3,869,007	8,128,789

	Accumulated other comprehensive income		Total net assets
	Valuation difference on available-for-sale securities	Total accumulated other comprehensive income	
Balance at beginning of period	(153)	(153)	3,318,735
Changes during period			
Issuance of new shares			3,870,900
Issuance of new shares - exercise of share acquisition rights			46,152
Dividends of surplus			(27,750)
Profit attributable to owners of parent			920,598
Net changes in items other than shareholders' equity	136	136	136
Total changes during period	136	136	4,810,036
Balance at end of period	(16)	(16)	8,128,772

Fiscal year ended March 31, 2022

(Thousand yen)

	Shareholders' equity				
	Share capital	Capital surplus	Retained earnings	Treasury shares	Total shareholders' equity
Balance at beginning of period	2,160,100	2,099,681	3,869,007	—	8,128,789
Changes during period					
Issuance of new shares - exercise of share acquisition rights	13,312	13,312			26,624
Dividends of surplus			(151,025)		(151,025)
Profit attributable to owners of parent			1,702,185		1,702,185
Purchase of treasury shares				(44,203)	(44,203)
Net changes in items other than shareholders' equity					
Total changes during period	13,312	13,312	1,551,159	(44,203)	1,533,579
Balance at end of period	2,173,412	2,112,993	5,420,166	(44,203)	9,662,368

	Accumulated other comprehensive income		Total net assets
	Valuation difference on available-for-sale securities	Total accumulated other comprehensive income	
Balance at beginning of period	(16)	(16)	8,128,772
Changes during period			
Issuance of new shares - exercise of share acquisition rights			26,624
Dividends of surplus			(151,025)
Profit attributable to owners of parent			1,702,185
Purchase of treasury shares			(44,203)
Net changes in items other than shareholders' equity	267	267	267
Total changes during period	267	267	1,533,847
Balance at end of period	251	251	9,662,620



## (4) Consolidated statement of cash flows

(Thousand yen)

	Fiscal year ended March 31, 2021	Fiscal year ended March 31, 2022
<b>Cash flows from operating activities</b>		
Profit before income taxes	1,589,661	2,690,710
Depreciation and Amortization	1,028,657	1,041,040
Impairment losses	433,916	237,305
Amortization of goodwill	22,119	24,224
Share-based remuneration expenses	–	19,962
Increase (decrease) in provision for bonuses	31,885	12,384
Increase (decrease) in provision for bonuses for directors (and other officers)	(16,891)	(950)
Increase (decrease) in provision for retirement benefits for directors (and other officers)	25,620	(201,765)
Interest and dividend income	(829)	(1,096)
Insurance claim income	–	(25,863)
Interest expenses	46,910	41,944
Loss (gain) on sale of non-current assets	1,726	324
Loss (gain) on retirement of non-current assets	17,436	14,171
Asset retirement obligations	(7,568)	–
Subsidy income	(38,064)	–
Losses related to the spread of COVID-19	311,429	–
Compensation income	(63,077)	–
Contract cancellation fees	10,200	1,350
Decrease (increase) in trade receivables	60,275	(58,362)
Decrease (increase) in inventories	(26,287)	20,675
Increase (decrease) in trade payables	95,529	(46,268)
Decrease (increase) in prepaid expenses	(46,252)	(18,636)
Decrease (increase) in long-term prepaid expenses	14,448	12,771
Increase (decrease) in contract liabilities	–	(1,750)
Increase (decrease) in unearned revenue	25,164	–
Increase (decrease) in long-term unearned revenue	1,127	–
Increase (decrease) in accounts payable - other	(24,015)	195,392
Increase (decrease) in long-term accounts payable - other	–	175,434
Decrease (increase) in other current assets	58,567	60,591
Increase (decrease) in other current liabilities	(31,981)	6,495
Decrease (increase) in other non-current assets	–	148
<b>Subtotal</b>	<b>3,519,709</b>	<b>4,200,233</b>
Interest and dividends received	98	178
Interest paid	(46,375)	(41,836)
Subsidies received	38,064	–
Payments for loss caused by COVID-19	(221,238)	–
Proceeds from compensation	3,684	–
Income taxes paid	(1,344,029)	(962,528)
Income taxes refund	–	150,296
<b>Net cash provided by (used in) operating activities</b>	<b>1,949,913</b>	<b>3,346,343</b>

(Thousand yen)

	Fiscal year ended March 31, 2021	Fiscal year ended March 31, 2022
<b>Cash flows from investing activities</b>		
Purchase of property, plant and equipment	(1,853,176)	(1,369,037)
Purchase of intangible assets	(39,616)	(5,622)
Proceeds from (payments for) sale and retirement of non-current assets	(4,142)	(7,816)
Payments for asset retirement obligations	(16,276)	(31,757)
Purchase of investment securities	(151)	(173)
Payments of leasehold and guarantee deposits	(108,512)	(121,540)
Proceeds from refund of leasehold and guarantee deposits	22,594	31,602
Proceeds from cancellation of insurance funds	–	60,066
Payments for acquisition of businesses	(138,864)	–
Other	(29,760)	(22,958)
Net cash provided by (used in) investing activities	(2,167,907)	(1,467,238)
<b>Cash flows from financing activities</b>		
Net increase (decrease) in short-term borrowings	(52,320)	–
Proceeds from long-term borrowings	2,906,000	6,634,000
Repayments of long-term borrowings	(1,900,910)	(8,194,027)
Proceeds from issuance of shares	3,870,900	–
Proceeds from issuance of shares resulting from exercise of share acquisition rights	46,152	–
Dividends paid	(27,750)	(150,910)
Purchase of treasury shares	–	(44,203)
Net cash provided by (used in) financing activities	4,842,071	(1,755,141)
Effect of exchange rate change on cash and cash equivalents	–	–
Net increase (decrease) in cash and cash equivalents	4,624,077	123,963
Cash and cash equivalents at beginning of period	4,709,390	9,333,467
Cash and cash equivalents at end of period	9,333,467	9,457,430