

Notice of press release for “Kori-tofu ameliorates obesity and fatty liver”

Asahimatsu Foods Co., Ltd. (Headquarters: Osaka City and Iida City, CEO: Hirotaka Kinoshita) and Shinshu University (Professor Naoki Tanaka), about the details of the joint research, at the general meeting of the Federation of Kori-Tofu Industrial Association, to which Asahimatsu Foods belongs. It will be announced at the association invites external lecturers, so far. They have presented the health functionality of Kori-tofu (cholesterol lowering and diabetes improvement effect) and the reason why Kori-tofu contains a large amount of resistant protein, which is considered to be a factor. This year, we have invited Dr. Naoki Tanaka of Shinshu University School of Medicine to give a lecture on the latest topics as follows.

Date: 19th May 2023 [Fri]
Time: 13:00-14:00
Location: HOTEL METROPOLITAN Nagano
1346 Minamiishi Dou-cho, Nagano,
Nagano 380-0824, Japan
2F “Chikuma”

The animal experiment has shown that the intake of Kori-tofu or the resistant protein contained increases the expression of genes that work to burn fat stored in the body. And production of a substance called azelaic acid by intestinal bacteria was observed. We concluded that these effects are part of the mechanisms that prevent and improve obesity and fatty liver when Kori-tofu and resistant protein are ingested.

*This press conference will be streamed live online. If you would like to participate online, apply by email.

(Application) “s-yamaguchi@asahimatsu.co.jp” Contact: Yamaguchi