

Kori-tofu protects the muscles of elderly people and astronauts!

A research paper that is the result of a joint research between Asahimatsu Foods Co., Ltd. (Head Office: Osaka city and Iida city, CEO: Hirotaka Kinoshita) and the Department of Nutritional Physiology, Institute of Medical Nutrition, Tokushima University (Professor Takeshi Nikawa) "Inhibitory Effect of Kori-tofu Protein on Denervation-Induced AtroGene Expression in Mouse Skeletal Muscle" has been accepted by "Biological Sciences in Space" and is scheduled for publication.

This study shows that Kori-tofu protein may help maintain muscle. Muscle mass rapidly decreases due to factors such as space activities and being bedridden (disuse muscle atrophy). Muscle atrophy causes frailty. Professor Nikawa's group has reported that soy protein has a special effect on preventing disuse muscle atrophy. This study revealed that the protein in Kori-tofu can be expected to have the same effect as soy protein, indicating that Kori-tofu may be a food that helps prevent frailty. In the future, we will further advance our research and develop products that can suggest more effective intake, eating, and menu options.



Tofu cereal
RTE Kori-tofu



Funwari Nameraka Koya
Certificated product as
food for special dietary uses

Contact us

